



Welcome to Vida Spa

at the Fairmont Chateau Whistler

At Vida Spas, our philosophy is based on the therapeutic and restorative principles of the Ayurvedic healing system.

We believe optimal wellness comes from a life in balance. Our unique offering is personalized for you, diagnosing your dosha, rebalancing your energy, and providing a calming and elevated environment in which to relax and disconnect from the outside world.

We invite you to experience Vida Spas, to let us restore your body and spirit.



Call 604-938-2086
to book your Vida experience today

Sutton Place Hotel Vancouver
Westin Bayshore Hotel Vancouver
Fairmont Chateau Whistler

Live well. Live long. vidaspas.com

Ayurvedic Treatments

Ayurvedic Massage	60 min/\$205	90 min/\$305	120 min/\$410
Swedana (incl. Ayurvedic massage)	90 min/\$305	120 min/\$410	
Shirodhara (incl. Ayurvedic massage)	60 min/\$205	90 min/\$305	120 min/\$410

Body Therapies

Swedish Immune Building, Muscle Easing or Detoxifying Massage	60 min/\$200	90 min/\$300	120 min/\$400
Restorative Swedish Massage	60 min/\$185	90 min/\$280	120 min/\$370
Deep Tissue or Hot Stone Massage	60 min/\$200	90 min/\$300	120 min/\$400
Mother-To-Be Massage	60 min/\$195	90 min/\$295	120 min/\$390
Shiatsu for the Body	60 min/\$190	90 min/\$285	120 min/\$380
Ancient Thai Massage	60 min/\$195	90 min/\$295	120 min/\$390
Botanical Aromatherapy Massage	60 min/\$200	90 min/\$300	120 min/\$400
Sole Revival Reflexology Massage	60 min/\$180	90 min/\$270	
RMT Classic Massage	60 min/\$210	90 min/\$305	120 min/\$395
RMT Deep Tissue Massage	60 min/\$225	90 min/\$325	120 min/\$425
Mindful Massage	60 min/\$200	90 min/\$300	120 min/\$400

Body Wraps and Exfoliations

Body Wrap with Exfoliation	60 min/\$205 (incl. cream application)	90 min/\$310 (incl. 45 min massage)	120 min/\$410 (incl. 75 min massage)
Body Exfoliation	60 min/\$200 (incl. 30 min massage)	90 min/\$300 (incl. 60 min massage)	120 min/\$400 (incl. 90 min massage)

Facials

Classic Balancing Facial	60 min/\$175	90 min/\$265
Oxygenating Facial	60 min/\$195	90 min/\$295
Hydrating Facial	60 min/\$195	90 min/\$295
Soothing Facial	60 min/\$190	90 min/\$285
Ayurvedic Facial	60 min/\$190	90 min/\$285
Active Repair Facial	60 min/\$195	90 min/\$295
Collagen Eye Treatment	30 min/\$130	
Collagen Facial	90 min/\$350	
Teen Facial	60 min/\$165	90 min/\$250
De-Stress Express Facial	30 min/\$110	
Express Active Repair Facial	30 min/\$125	
Power Eye Peel	30 min/\$110	

Additional Vida Experiences

Manicure Therapy	30 min/\$65	45 min/\$85 (with French polish or nourishing mask)	Polish change \$40
Pedicure Therapy	60 min/\$100	75 min/\$120 (with French polish or nourishing mask)	
Eyelash & Eyebrow Tint	30 min/\$65		
Upper Lip or Chin Wax	\$30		
Underarm Wax	\$30		
Bikini Wax	\$50+		
Brazilian/Full Bikini Wax	\$90+		
Full Arm Wax	\$70		
Full Leg Wax	\$85 / \$95 with bikini		
Half Leg Wax	\$70 / \$80 with bikini		

